

MY FIRST MARATHON

This name hides a challenge that hundreds of runners have accepted in 2024, determined to complete their first marathon in Košice. Let's look at the stories of a few of them.

My son finished his studies, I still run



The beginning of my participation in the Košice Marathon was a bet - when my younger son gets to the vet, I go to the Marathon, says **Vladimíra Škodová** from Podzámčok in the Zvolen district and adds. My son successfully completed his studies, he has been working for a year, and I want to keep coming back to Košice as long as my health allows. While after that bet it was the half-marathon starts, now it's the turn of the marathon premiere. Well, not just like that either. The motivation was the 50th anniversary celebrated in April and the double age of the Košice race itself. Before traveling to the east of Slovakia, she adds that she loves her garden and flowers and is looking forward to a book about the marathon, the publication of which she supported in a well-known collection. Look for her on the track under the number 3169.



To be happy with yourself

Soňa Javorová, another of the many participants in the My first marathon program, says: for me, running is not only about measuring the time and distance traveled, but mainly about what one experiences while running. She started running because of a frequent motivation - to lose weight. She adds that she is the mother of 2 children and wants to be with them as long as possible in her life and be happy with herself. In the beginning it was all about diet and a few runs, but then it spiraled. I started to enjoy running and I also saw results in my weight, which went down by 17 kilos. Soňa lives in the Trnava region and this will be her first ever trip to Košice. She is happy because she has already heard so many good things about the city and its marathon. Soňa was assigned the starting number 3052 by the software.

Košice and then Majors



Peter Timko from Humenné decided on his first marathon at the end of last year, when before that he allowed himself to participate in the relay teams and in May he also participated in the half-marathon in Prague. But not alone. He shared the track near the Vltava with his wife, so it is obvious that there is really no lack of support and passion in this family. All the more so because their daughter is already starting to match the running step with her parents. And what are the plans for October 6? Completing a marathon under three and a half hours and immediately thinking about whether it will be possible to plan one of the prestigious races from the Marathon Majors series in 2025. But let's get things in order. Look for Petr Timek in Košice on his chest with the number 769. And with other results, let him brag to us like this in a year.

Diamond Neighbor



Maroš Petruš from Stará Kremička admits that his first registration for the full marathon was very spontaneous. He saw such a box, so he filled it. He kind of knows what he's getting into, because he's already managed two Košice circuits, but only one every year... and he's adding to it himself? I've been running for almost 3 years now and I told myself that if I ever run a marathon it will be in Košice at the oldest and best marathon in Europe. His main motivation was his neighbor Jozef Mecele, who is a member of the Košice Marathon Diamond Club and whom he says is a fantastic person and a good role model for his surroundings. You can recognize Maroš Petruš by looking at the number 2926.